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# Facing Fears That Ruin Relationships

SERIES: 50 Days of Transformation # 6  
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(Genesis 3:6-19 NLT)

## HOW OUR FEARS RUIN RELATIONSHIPS

### MY FEAR OF EXPOSURE MAKES ME D\_\_\_\_\_.

:Then the Lord God called to the man, "Where are you?" <sup>10</sup> He replied, "I heard you walking in the garden, so I hid. I was afraid because I was naked." Genesis 3:9-10

"...they suddenly felt shame at their nakedness." 7a

"So they sewed fig leaves to cover themselves." 7b

"Then they hid from the Lord God among the trees." 8

### MY FEAR OF DISAPPROVAL MAKES ME D\_\_\_\_\_.

"Have you eaten from the tree whose fruit I commanded you not to eat?" <sup>12</sup> The man replied, "It was the woman you gave me who gave me the fruit, and I ate it!" Genesis 3:12

"The serpent deceived me," she replied. "That's why I ate it." Genesis 3:13

### MY FEAR OF LOSING CONTROL MAKES ME D\_\_\_\_\_.

#### The result of their sin:

"And you will desire to control your husband, but he will rule over you." 16b

"...he will dominate you ..." (Ber)

### THE ANTIDOTE: LEARN TO L\_\_\_\_\_

"Wherever God's love is, there is no fear, because God's perfect love drives out all fear." 1 John 4:18a (NCV)

"It is the thought of punishment (negative consequences) that makes a person fearful." 1 John 4:18b (NCV)

### 1. Everyday s\_\_\_\_\_ my heart to God's love.

"Surrender your heart to God, turn to him in prayer, and give up your sins—even those you do in secret. Then you won't be ashamed; you will be confident and fearless. Your troubles will go away like water beneath a bridge, and your darkest night will be brighter than noon. Then you'll rest safe and secure, filled with hope and emptied of worry!" Job 11:13-18 (CEV)

### 2. Everyday r\_\_\_\_\_ the way God Loves Me

- I'm completely a\_\_\_\_\_.

"Jesus made us acceptable to God." Titus 3:7 (CEV)

- I'm u\_\_\_\_\_ loved.

"My love for you will never end" Isaiah 54:10 (GNT)

- I'm t\_\_\_\_\_ f\_\_\_\_\_.

"Therefore, there is now no condemnation for those who are in Christ Jesus!" Romans 8:1 (NIV)

- I'm e\_\_\_\_\_ v\_\_\_\_\_.

"You've been bought and paid for by Christ." 1 Corinthians 7:23 (TLB)

### 3. Everyday o\_\_\_\_\_ the same love to o\_\_\_\_\_.

"Accept each other just as Christ accepted you." Romans 15:7

"Love never stops being patient, Love never stops believing, Love never stops hoping, Love never give up!" 1 Corinthians 13:7 (GW)

Next Sunday: Pastor Darrin speaks on Financial Health –  
"Transforming How I See and Use Money"