



3225 August 10, 2025

SEX 101

SERIES: Relationships 101: 2 of 5
(*The Refresher Course We All Need*)
Darrin Miller

(Isaiah 8:11) "The LORD has said to me in the strongest terms: 'Do not think like everyone else does.'"

3 PREREQUISITES: You Should Know About Sex:

1. God created _____. (*Genesis 1:28*)

2. God calls sex _____. (*Genesis 1:27, 31*)

3. God considers sex _____. (*Romans 12:1*)

(Proverbs 3:5-6 NLT) "Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take."

HOW TO EXPERIENCE GOD'S BEST FOR MY SEX LIFE:

1. CHOOSE TO _____.

(1 Corinthians 6:13 NLT) "But you can't say that our bodies were made for sexual immorality. They were made for the Lord, and the Lord cares about our bodies."

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(1 Corinthians 6:19-20 NLT) "Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body."

2. CHOOSE TO _____.

(Proverbs 4:23 NLT) "Be careful how you think, your life is shaped by your thoughts."

(Matthew 5:27-29 NLT Jesus) "You have heard the commandment that says, 'You must not commit adultery.' But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart. So if your eye - even your good eye - causes you to lust, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell."

3. CHOOSE TO _____.

(1 Corinthians 6:18 NLT) "Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body."

(1 Corinthians 10:12-13) "If you think you are standing strong, be careful, for you, too, may fall into the same sin. But remember that the temptations that come into your life are no different from what others experience. And God is faithful. He will keep the temptation from becoming so strong that you can't stand up against it. When you are tempted, he will show you a way out so that you will not give into it."

4. CHOOSE TO _____.

(Romans 12:2 NLT) "Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect."

(Isaiah 1:18) "No matter how deep the stain of your sins, I can remove it. I can make you as clean as freshly fallen snow. Even if you are stained as red as crimson, I can make you as white as wool."

MY NEXT STEP TODAY IS TO...

- ☐ Memorize Revelation 5:12
- ☐ Commit my sex life to God..
- ☐ Attend (*as much as possible*) the rest of the **Relationships 101** series.
- ☐ Put on your calendar relevant events; Woven today August 10th, SALT & LIGHT August 24th, Woodsmen August 28th.
- ☐ Sign up for a life group at SNL August 24th.

Next Sunday: Kindness 101